

## "A CULT ROOTS ACT IN THE MAKING!"

-Dublin Events Guide

Only once in a while do you come across a performer that pins you to your seat.

# DARLENE



Photo by Jim DeBuys



Photo by Jaap Vanderplas



Photo by Mary Seregeji



Photo by Paul Jokes



Photo by Jim DeBuys

*"I'll tell you what I love most. I love looking out at an audience who are waiting to be amazed, shaken up and rocked. Every person has the potential for laughter and for tears. Every person has a memory or a thought that wants to be triggered. If they have made an effort to go out and search for music to move them in some way, then it is my job to raise the hair on the back of their necks and send them home without their socks. I was born for this job! No matter the mood, I will take you on a journey into my own strange and wonderful little world and introduce you to mermaids and freaks, gypsies and lovers, and yes, doggies and chickens." - Darlene*

Darlene has been traveling the continent and abroad since 1990, finding the roots of the music she loves.

*"Darlene has a huge range of vocal & musical styles, reflecting wide travel & deep interest in the music of many cultures. The first time I heard her sing was not from a stage, but late at night at a bonfire party in the Dublin Mountains." - Hot Press Magazine, Dublin*

Being a side-'man' was one of the best things I could do for my solo career. Besides being the best day job a musician could have, it stretched my styles and repertoire of instruments. Playing base and electric guitar gave me new ways of creating layers and dynamics with an acoustic guitar ... a springboard for the voice.

*"Darlene gathers energy from the very ground she stands on, and sings with grace and power." - David Francey, Singer/Songwriter*

Her vibrant live performances and story-telling abilities are the stitching that binds the quilt of multiple musical genres with an infectious sense of spirit & adventure.

*"Truly one of the most entertaining and crowd-pleasing acts to ever grace the Main Stage of Home County Folk Festival." - Ken Palmer, AD, London, ON*

DARLENE is also a member of Sweet Water Women, Little Red Hens, the Road Dog Divas, Earthwork Music, NA Folk Alliance, the OCFE and MFM

Also the recipient of the 2002 Beth Ferguson Award and the 2003 Jackie Washington Award

~ [www.moteldarlene.com](http://www.moteldarlene.com) ~

~ [www.sweetwaterwomen.com](http://www.sweetwaterwomen.com) [www.littleredhenmusic.com/darlene](http://www.littleredhenmusic.com/darlene) [www.earthworkmusic.com](http://www.earthworkmusic.com) ~

~Contact: [darlene@moteldarlene.com](mailto:darlene@moteldarlene.com) ~

# WORKSHOPS

Darlene has developed two workshops, which she has been sharing with folk at festivals, retreats, schools and communities.

## VOCAL PLAY WORKSHOP

**Short Description:** helping to unlock our own limitations, allowing the voice to express itself without the use of words or musical education.

'For the first time in my life, I felt free letting my voice be heard around people and it was great' - Tali Israel

There was a time when all the people used their voices for celebration, exaltation, and for the sheer joy of it. The music of these tribal and community-based cultures was all-inclusive. With the advent of the 'professional artist', many people in the Western World have left their singing voices behind, feeling as though they are inadequate. This workshop helps to unlock our own limitations, and allow the voice to express itself once again, without the use of words, and with a sense of experimentation and playfulness.



*"I met Darlene at the Sivananda Ashram in the Bahamas, where she taught a vocal class. I have never been a singer...as a matter of fact, I have always been petrified of singing, but after less than an hour, she had me singing my heart out, not worrying about sounding like an idiot. When someone makes you believe you can do it, you can! I will never be embarrassed again!" -Brienne Glytton, LA, Ca*



## WHOOPIING WORKSHOP

**Short Description:** using one of the past-times of old, the 'hula-hoop', Darlene uses her knowledge of physical therapy and the laws of physics to teach the child in all of us how to play with their bodies once again.

'It's one of the few workshops at a festival that is truly participatory. It's fun and focused and it carries you away. It is different than any other workshop I've done ... a highlight at any festival' - Katherine Wheatley, Singer/Songwriter, Canada

**Whooping is a lot like life -- once you initiate it, it has its own momentum.  
Our toughest work is to figure out how we fit into that momentum.**

Most of us lead a fairly sedentary life, what with computers, tv, driving...etc. This can lead to all sorts of back, leg and hip problems, not to mention the state of our internal organs being compacted in one small area. Whooping is great for the whole body. It loosens the spine and joints, and massages the abdomen. It increases circulation to all the muscles and tissues, as well as stretching and strengthening the muscles. When done in both directions, using the waist or arms, we can create a new balance in our bodies, improve dexterity, and even affect our brain patterns, using our weaker sides as well as our stronger ones. It's a simple tool/toy that can be used by all ages. Children have a great time making up new games with hoops, inspiring us all how to look beyond the obvious.

**... but who would ever think it to be a teacher?**

Funny how life's lessons can come in the strangest ways. Imagine a force, with its own natural tendencies ... a centrifugal force which will only continue around you if you surrender yourself to it ... find its' rhythm ... and help to maintain it. That's what Whooping is about - humbling ourselves to a design which has its' own momentum.

*"After witnessing the number of happy 'Whoopsters' that emerged from Darlene's workshops at the Northern Lights Festival last summer, I decided if ever I ended up at the same festival as Darlene again, I would take her workshop. So at Blue Skies, along with a field full of other novices, I picked up a whoop. Darlene taught us first the basic moves and then the more elegant and challenging moves. It's one of the few workshops at a festival that is truly participatory.*

***It's fun and focused and it carries you away.***

***It's different than any other workshop I've done.***

***Adults love it - Teenagers love it - Kids love it -- little ones and big ones alike.***

*Throughout the weekend, I saw people asking Darlene how to do this or that move. She always took the time to show them. We all learned, not only from Darlene's spirit of generosity. That generous spirit, combined with her immense talent, makes both her musical performances and her workshop is a highlight at any festival. It's that generosity that people take home with them for a very long time." - Katherine Wheatley, Singer/Songwriter, Canada*



Photo by David Weiwel

~ [www.moteldarlene.com](http://www.moteldarlene.com) ~

~ [www.sweetwaterwomen.com](http://www.sweetwaterwomen.com) [www.littleredhenmusic.com/darlene](http://www.littleredhenmusic.com/darlene) [www.earthworkmusic.com](http://www.earthworkmusic.com) ~

~ **Contact:** [darlene@moteldarlene.com](mailto:darlene@moteldarlene.com) ~